

## Pediatric Physical and Occupational Therapy

We are looking forward to evaluating your child for physical, occupational, or speech therapy at Torrance Memorial Medical Center. Please take a few moments to read some helpful guidelines below.

- Leave plenty of time to park, walk up to the department without rushing and upsetting your child. This gives you time for a bathroom break before the evaluation as needed.
- All people that enter the building will have their temperature taken and will be "screened" for any symptoms of illness. Please cancel your evaluation if you have any exposure to COVID-19. All adults and children 3 years of age or older must wear masks (without valves) the entire time they are in the building. Only ONE adult is allowed to enter the building with the child since we are trying to diminish everyone's exposure.
- Try to have your child fed and rested before the evaluation (unless it is a feeding evaluation) so we can see them at their BEST!
- Please make sure that you print and fill out the required forms BEFORE your appointment day. Bring the forms with you to the evaluation. IF you cannot fill them out before, please arrive at least 45 minutes before the appointment time to fill out the forms (ask us for them) and then get registered. We want you to have the entire time allotted for your evaluation to be with the therapist.
- If you have filled out the forms beforehand, arrive at least 15 minutes before the appointment time to complete the registration with our secretaries so the evaluation can start on time.
- Please dress your child in clothes that are easy to move in. Jeans, dresses and tight-fitting clothes make the evaluation more difficult. Well-fitting tennis shoes are highly recommended (avoid Crocs and Sandals).
- Please remember that siblings and friends are a distraction and are not allowed at the evaluation when we need to get information from the parent. Other children cannot play on our equipment for safety reasons and we try very hard to keep the area clean for our patients.
- If your child has recent therapy reports from school or other therapists, please bring them with you.
- If your child is being seen for feeding therapy, carefully review the feeding therapy directions so you can bring appropriate food and utensils